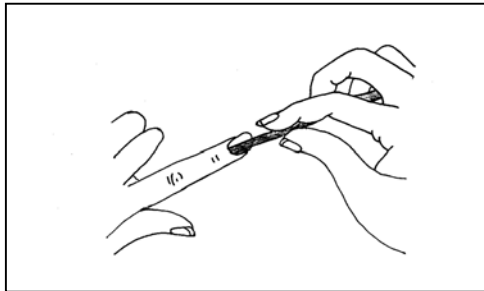




# QUINTESSENCE NATURAL NAIL OVERLAY APPLICATION

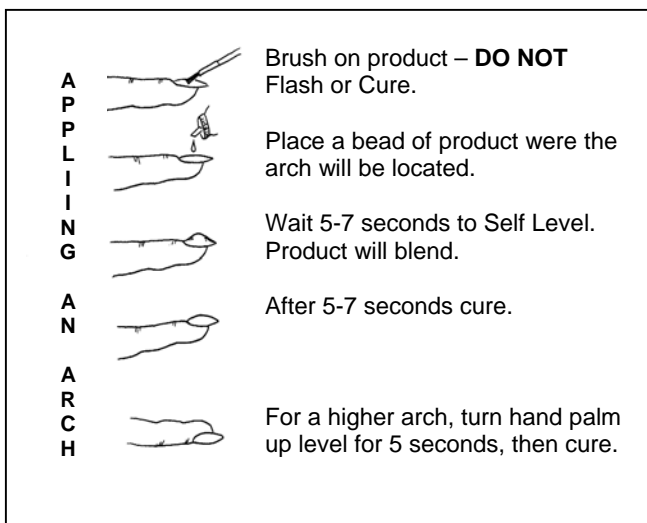
Place a small squirt of Hyper-Cleanse into a clean Dappen Dish to clean brushes in. Clean brushes well and dry on clean paper towel. Place a marble on Dappen Dish to prevent evaporation of Hyper-Cleanse.

1. **CUTICLE** – Push cuticle back gently with a wooden manicure stick.
  2. **BUFF** – Buff nail surface with a 180 grit white buffing block. Start at the cuticle. There is always some tissue still attached to the nail plate after the cuticle is pushed back. This tissue and the cuticle area contain oils, so pay special attention to these areas. Next buff the sidewalls and down the entire nail surface until all the shine on the nail surface is removed. The shine on the nail is caused by oils and **must be removed**. When you live in a humid climate or when you have very oily nail plates you will want to buff the nail in a circular motion.
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3. **HYPER-CLEANSE** – Using a tightly woven cotton tip applicator swab, soaked with Hyper-Cleanse, scrub the entire nail surface liberally until you feel a “squeaky-clean” nail surface, allow 15-30 seconds to dry. **Never touch the nail surface to test if it is dry.** You will put oil from your finger onto the nail plate. Quintessence Nail Care Products’ repel oil. **Never touch the nail plate after it has been cleaned.** We suggest preparing only 4 nails, at a time, after the Hyper-Base is applied and cured, then go on to the next 4 nails, do the thumbs last. The reason for this is, you can’t level fingernails and thumbnails at the same time.
  4. **HYPER-FUSE** – Using a new tightly woven cotton tip applicator swab, dip into Hyper-Fuse, soak the cotton tip thoroughly, do not rub the tip of the applicator swab on the sides of the bottle when pulling it out. Next scrub the entire nail plate and free edge don’t worry about touching the cuticle, there is no Acid in Hyper-Fuse, it will not burn. Always keep the cover on the bottle to avoid moisture from the atmosphere being absorbed into the bottle, this could cause contamination of the product. We also suggest no double dipping into the bottle. This could contaminate your product. However, you

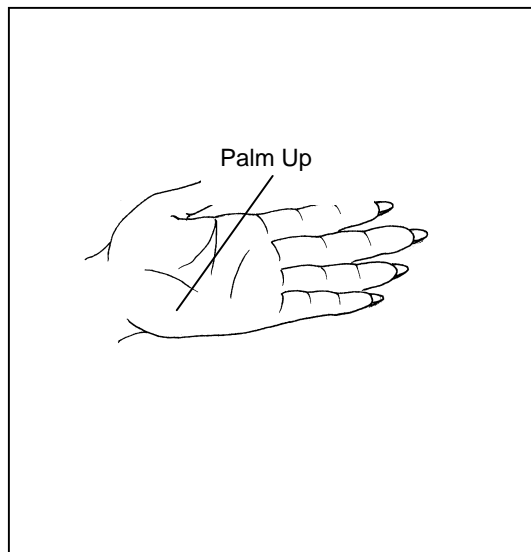
can pour a small amount into a clean Dappen Dish, use a small amount so you don't waste product and dip away all you want. **Do not put the left over Hyper-Fuse from the Dappen Dish back in the bottle.** Allow a least 30 seconds, for the Hyper-Fuse to do it's seeking. Remember that it is seeking out the keratin and amino acids on your nail plate to bond to. When you live in a humid climate or have oily nail plates you should repeat this step.

5. **HYPER-BASE COAT** Place a small bead of Hyper-Base in the center of the

nail plate. Dip the tip of your brush in the bead, then place brush next to the cuticle area of the nail plate and lightly brush product over the entire nail plate much like applying nail polish. A heavy brush stroke will remove too much of the product. Use a light touch. For the best results keep this product off the skin, use a wooden manicure stick to remove any product that may get on



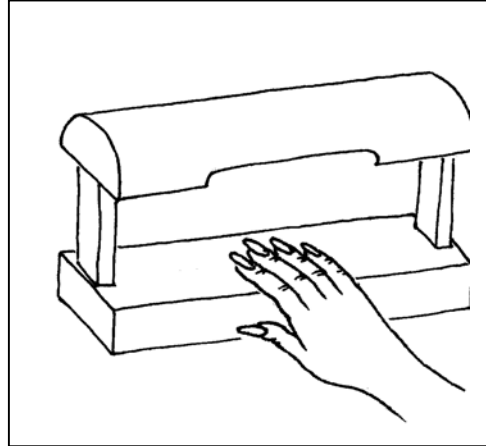
the skin. Now turn your hand upside down; palm up for 5 seconds allowing the product to self-level, turn hand back over to examine nail. Prior to curing



make sure all surfaces are covered. Check that the surface is smooth and level, check for any bubbles, check your arch, if you want more of an arch, now is the time to add another drop of product in the center of the nail right where you want the arch. Allow 5-seconds for the arch to blend into the pre-applied product, then turn hand over again to self -level. Reexamine nails looking for any flaws. Check to see if any product is on the skin. Remove with woodenmanicure stick. For best results keep product of skin. If there are no flaws and you have the desired

appearance, then place under UV light. **FLASH**, to set then go on to the next nail or Full Cure. Now it is time to cure all 4 nails. **Be careful there is a heat spike that starts on the 3 second mark.** To avoid feeling the heat spike, do not be directly under the UV light at the 3-second mark. Wait 15 seconds outside the light with nails 3-4 inches from the UV light, ease your

hand under the light while the lamp is in a full upright position. Then close the lamp and cure for **1 minute**.



6. **REPEAT** – Procedure on the 4 nails of your other hand, after they are fully cured, repeat process on your thumbs.
7. **CLEAN** – When nails are completely cured clean the cuticle and sidewalls with Hyper-Cleanse placed on the end on a clean applicator swab, this will remove any Hyper-Fuse left on the cuticles or sidewalls.
8. **FILE** – Using a 180 grit file, clean up any “over spill” of product at the sidewalls. It is very important not to leave any cured product on the skin. This will cause lifting due to the oil from the cuticle getting under the product. **It is important that this product is removed.**
9. **NOW YOU ARE DONE!**

#### **HELPFUL HINT**

Before using new files or buffing blocks “crack” the edges by rubbing a file down each edge. This will relieve the sharpness and prevent cutting of the cuticle and skin area.