

EXTENTIONS are done only on nails that have an existing small free edge. You must have a free edge for the forms to fit properly. When you have no free edge then apply tips instead. Extensions are the most difficult application to do. They are used to repair a broken nail, or to build out the length of your natural nails. The type of form you use will also determine how easy your application process will be. Because the Quintessence Nail Care Product has weight to it, in the liquid state you need to use a form that will hold up under the free edge snuggly. When the form is loose the product will seep under the natural nails free edge. We suggest using the wire metal forms. They work best and can be cleaned or sterilized for reuse.



- 1. Begin by checking the fit of the form on each nail. There must be a snug fit with no loose or open areas that nail product can seep into or under. If the fit is good proceed.
- 2. Extensions can be done on nails that already have product on them or right onto the natural nail.
- 3. When you apply product on a natural nail, <u>START</u> by gently pushing back the cuticle with an Wooden Manicure Stick. Repeat this step on all ten nails.
- 4. For natural nail and previously overlaid nails, BUFF the entire nail surface area to remove the shine off all ten nails.
- 5. Hyper-Cleanse using a surgical grade Applicator Swab, until squeaky-clean. Do only 4 nails of one hand at a time.
- 6. Apply Hyper-Fuse to natural nail only, **NOT ON THE PRODUCT**. Rub it into the nail plate well. Allow 30 seconds for product to seek out the keratin and amino acid.

7. Place a bead of Hyper-Base or Hyper-Build on the nail plate and a second bead on the form right at the end of the natural nails free edge. **KEEP PRODUCT OFF THE SKIN**.



- 8. Lightly brush the product out to the length you want. A little longer than you want is best. This way you can file some off at the end to desired length and shape.
- 9. Add more product as needed for more length or more arch.
- 10. Place palm up to self level product for 5 seconds.
- 11. Check that no product is on the skin. If there is some, remove it with an Wooden Manicure Stick now.
- 12. FLASH 3-4 times under UV light to set product.
- 13. Full Cure for 1 minute.
- 14. Carefully remove forms.
- 15. File and shape free edge and sidewalls until desired length and shape are achieved.
- 16. Buff shine off of product.
- 17. Hyper-Cleanse entire surface.
- 18. Apply second coat of Hyper-Base or Hyper-Build, brush into place.
- 19. Self-Level palm up.
- 20. Full Cure for 1 minute under closed UV light.
- 21. Clean cuticle and sidewalls with Hyper-Cleanse.

For those of you that are more experienced and want to attempt a faster method use the following steps.

- 1. Start by completing steps 1-12.
- 2. QUICK CURE for 15-20 seconds under closed UV light.
- 3. Carefully remove form. Product is not fully cured so <u>**Do Not Touch**</u> surface.
- 4. Cut the new free edge with small sharp scissors; also cut sidewalls as needed to achieve desired shape and length. This is a rough draft on a basic shape. The finished shaping will be done later with a file.
- 5. Apply second coat of Hyper-Base or Hyper-Build, brush into place.
- 6. Self level, then **FLASH** to set in place.
- 7. Continue on to the next nail until 4 nails are done on one hand.
- 8. When 4 nails are done, **FULL CURE** for **1 minute** under closed UV light.
- 9. File and shape free edge and sidewalls until desired length and shape is achieved.
- 10. Continue on to the next 4 nails of the other hand, follow steps 5-20. Then do your thumbs last, again following steps 5-20.
- 11. Apply your favorite nail polish. (Optional)